



The liver Care Foundation  
Annual Report  
January to December  
2016



## **The Foundation**

The Liver Care Foundation was established in 2005 as a nonprofit organization with a view to contribute to society by connecting with the public, patient and provider, as a part of its focus towards prevention of liver disease.

### **Goal**

To assist and support Healthcare related to Liver Diseases.

### **Vision**

To contribute to a world 'Free of Liver Disease'

### **Mission**

1. To advocate and generate public awareness about Liver Health through information, education and communication.
2. To assist those living with liver disease.
3. Strive continuously to bridge the global gap in the field of academics and research, relating to Liver and its diseases.

### **Core Values**

Competence, credibility, commitment, care and cooperation constitute the culture of Liver Care Foundation

# **The Team**

## **Board of Trustees**

Dr. Shiv Sarin, MD, DM	Founder Trustee and member
Dr. Kiran Modi	Managing Trustee and member
Dr. Puja Sakhuja	Trustee and member
Ms. Vibhuti Sharma	Trustee and member

## **Board Members**

Dr B C Sharma	Member
Dr. Puja Sakhuja	Member
Ms. Vibhuti Sharma	Member
Ms. Shalini Prakash	Member

## **Special Advisor**

Former Justice Shiv Raj Patil

## **Legal Advisor**

Mr. M L Lahoty

## **Honorary Chief Operating Officer**

Ms. Vibhuti Sharma

## **Thrust Area with Key Activities**

1. Awareness
2. Assistance
3. Academic Support
4. Organization Values

### **Awareness**

#### **Awareness on liver disease**

The aim of LCF is to bring about an awakening in the minds of people about the importance of functioning of liver in a human body; and if not taken care of, can create a number diseases elated to liver and thus cause complications. It will also educate people about the treatment of liver disease and the availability of Doctors and Hospitals treating this malady.

#### **Awareness on organ donation**

Our aim to educate the people on the importance of donating their organs so that others can get a new life.

- A centralized registry and a system of donor cards to those who pledge their organs.
- A system of linkages to facilitate a smooth coordination amongst the hospitals in a city specifically trauma centers with ICU facilities for organ removal and distribution.

### **Assistance**

LCF will endeavor to provide assistance in terms of financial aid (and through Donors) to those who are willing to donate their liver.

## **Academics**

LCF also undertakes to promote upcoming Doctors, financially, who though, are well qualified to attend higher studies or present papers, but cannot do so for lack of funds. Each case is considered on merit through a screening body before providing them with any financial assistance

## **Organization Values**

Competency, Credibility, Commitment, Care and Cooperation constitute the culture of Liver Care Foundation.

## **Future Plan**

Presence in every state including union territories to aware the people on organ donation and to increase the number of registry of organ donation. The Foundation will try to reach the masses and results of awareness and surveys of organ donation in national & international seminars and conferences.



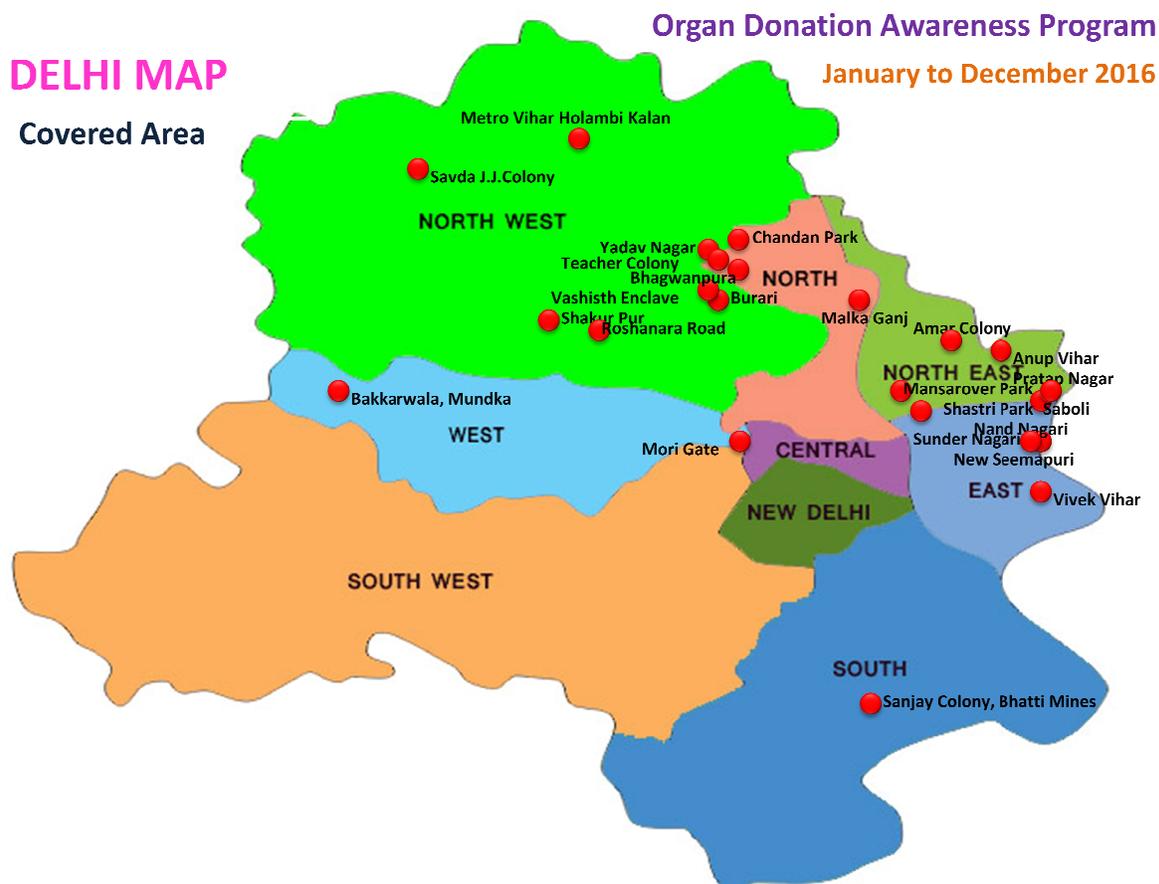
# Organ donation awareness programme 2016



## Organ donation awareness programme

Organ donation is the process of transplanting an organ or part of an organ to another person who needs it. The organs from one donor can save many lives but there is a major lack of awareness about organ donation in India & remains one of the leading reasons for such low organ donation rates. The prevalent myths and misconceptions related to organ donation are the barriers that discourage families of potential donors from making affirmative decisions to donate organs or tissue after death of their loved ones. Recent polls and surveys reveal that people would come forth with their wish to donate if they had received more information. We need to take steps to educate people on the importance of donating their organs so that others can get a new life.

The liver Care Foundation has taken a significant step to create awareness on this sensitive issue to conduct the education programs with collaboration of NGOs, schools, corporate & through stalls.



The Liver Care Foundation conducted a total of 59 awareness programs with collaboration of NGOs, schools, corporate & hospitals. A total of 1881 person attended the session. There were 210 male & 1671 were female participants. We made the networking with some new NGOs, schools, corporate & hospitals like:

**NGO:** Antakshari, Roshani, Pratibha Secure Trust, Aradhna, Care Village Foundation, Jijivisha, Jan Sandesh, Don Bosco & Vidya

**Schools:** Great Way Public school -New Seemapuri, Raja Ram Public School- Yadav Nagar, N.C. Public School -Rajeev Nagar.

**Corporate:** Gojavas, Himalya House & LIC

**Hospital:** Dr. Shroff Charity Eye Hospital & Venu Eye & Research Centre

The cooperation of NGOs was much helpful to aware the people on this sensitive issue like as SAND, Chetnalaya, Prayas, PCI, Rakshak Foundation, Humana people to People, Care Village Foundation, Aradhya, Nav Shrishti, Pratibha Secure Trust, Roshani & Aradhna .



**Awareness programme with NGOs**

Participants became aware on various aspects of organ donation like as- what is organ donation, it's types, about brain death, what can we donate after brain death etc. Role of family, myths, superstitions, & facts of organ donation were

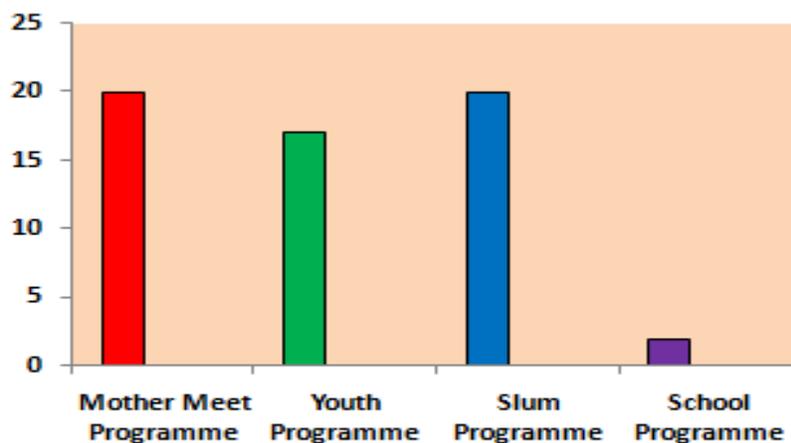
discussed. It was also discussed that how can people register on DORSO website to be an donor. Participants asked many queries and doubts were clarified.

### A comparative chart of conducted programme

2015		2016	
Participants	Number of programme	Participants	Number of programme
1018	38	1881	59

Data shows that the number of conducted of programmes was increased than the previous year. It was good achievement for us.

### Types of conducted programme



Above data shows that a total of 20 mothers meet programs, 17 youth programs , 20 slum programs, and 2 school programs were conducted out of total 59 programs.



### School programme with teachers

We conducted a total 2 school programs with teachers -Rajaram Public School, Yadav Nagar and Great Way Public School, Dilshad Garden. Teachers were very excited about this session. They were listening attentively. The manager of the Great Way Public School was already registered for whole body donation. At the end of the session all teachers gave thanks with clapping.

### Participant's pre test and post test:

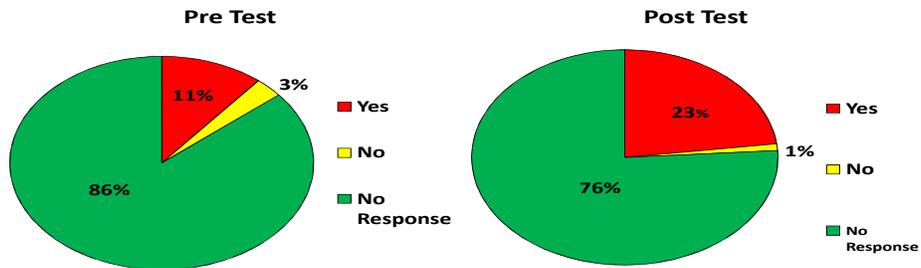
The Liver Care Foundation conducted a pre-test & post test with some questions to check the awareness level of participants like as- Is organ donation possible? & if a fatal accident in your family takes place, would you positively participate in the decision to donate organs?



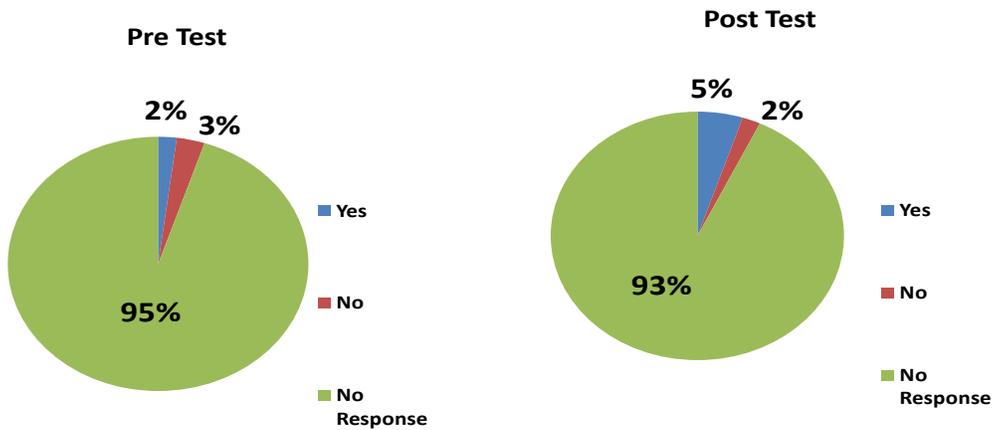
In **pre test** 11% participants agreed that organ donation is possible, 3% did not agree & the majority 86% did not give any response but when we repeated same questions for **post test** there was a very positive result – 23% participants agreed

that organ donation is possible, just 1% did not agree & for 76% there were no response.

### Is organ donation possible?



If a fatal accident in your family takes place, would you positively participate in the decision to donate organs?



The second question was asked that if a fatal accident in your family took place; would you positively participate in the decision to donate organs? The result of

**pre test** was only 2% agreed while 3% disagreed and 95% participants were silent but when we repeated same questions for **post test** the result was that 5% participants agreed, 2% did not agree & 93% did not give any response.



Data shows that after post test participants thinking was positive on organ donation but there were so many reasons of the silence of participants like as:

*“We are so poor and have so many problems, how can we think about organ donation?”*

*“Organ donation se hamara kya faida hoga?”*

*“If we donate the organ we will born without the organ in next generation.”*

*“Marne ke bad angon ko nikal liya jata hai”*

*“Our religion do not support organ donation.”* Tolloed by Muslims.

It was analyzed that **Lack of awareness** was primary reason behind the shortfall of organ donation. Educated people were feared with selling rackets of organs. Myths, misconceptions, religion or superstitious reasons, & concept of organs trafficking were the barriers.

### **Organ donation awareness through stall:**

The liver Care Foundation organized 17 stalls to create the awareness on organ donation. Our stalls were organized with the collaboration of NGOs, corporate, hospitals in different parts of Delhi like: **HERIT- Ghaziabad, SAND- Pratap Nagar, Gojavas- Gurganov, Humana- Sabji Mandi Village Care-Mundka, Sarai Basti –YMCA, Himalya House, Karkar Model village- Ghaziabad, Nazaf Garh -Dr. Shroff’s Eye Hospital, LIC Building-Connaught Place , Karkar Model village, Ghaziabad, Sanjay Gandhi Transport Nagar with Dr. Shroff’s Eye Hospital, Sanjay Gandhi Transport Nagar, Teachers colony- Dr. Shroff’s Eye Hospital etc.**

The stall at HERIT, Ghaziabad & Gojivas, Gurganv was organized with the collaboration of Rotary blood donation camp. Many people became aware through the stalls. They were made aware on various aspect of organ donation like as- what is organ donation, It's typing, about brain death, the role of family, myths. Their doubts were clarified. Brochures & pamphlets were distributed.

A survey of people has been also done to get a feel for their knowledge and attitude on organ donation.

A total 111 people registered & others said that they would sign on registration form after discussing with their family. Some people were already aware so the registration forms were filled by them without any hesitation & some assured to LCF team that they will be registered online through **DORSO** website. Awareness on organ donation is increasing among the people. But some myths & selling rackets of organs are the barriers still now to come forward for this noble cause.

#### Organ Donation Stall with Rotary Blood Bank:



Stall at HERIT (Institute of Technology), Ghaziabad



Stall at Gojivas, Gurganv

## Organ Donation Stall with NGOs:



Stall at Pratap Nagar with SAND NGO



Stall at Kakkar Model Village, Ghaziabad with Humana NGO



Stall at Mundka with Care Village Foundation

**Organ Donation Stall with Hospitals:**



**Stall at Sai Temple, Nazafgarh with Venu Eye & Research Centre**



**Stall at Transport Nagar with Dr. Shroff's Eye Hospital**



**Stall at Teachers Colony, Transport Nagar with Dr. Shroff's Eye Hospital**

## Organ Donation Stall with Corporates:



Stall at Himalya House, Connaught Place



Stall at LIC building, KG Marg, Connaught Place



## **APASL Award 2016**

The effort to extend support to young scientists and doctors continues. A total of 10 names were selected for award for The liver Care Foundation Grants to support their presentation at the APASL in Shanghai, China. It was heartening to see that we have been able to provide these bright, young achievers the opportunity to present their pieces of work.

Following names were selected for APASL Grant:

1. Dr. Avinash Gupta
2. Dr. Sunayana Mishra
3. Dr. Babu Lal Meena
4. Dr. Ayushi Agrawal
5. Dr. Sachin Ramesh Chaudhary
6. Dr. Prithvi Priyadarshini
7. Dr. Amol Dahale
8. Dr. Shivam Sachan
9. Dr. Tarun Kumar Basumatary
10. Dr. Sunil Taneja

